

ISSUE 62

SPRING 2005

VIEWPOINT

A quarterly Newsletter providing information for and about people who
have a physical or sensory disability



0161 - 480 7248

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Website: www.disabilitystockport.org.uk Email: disabilitystockport@btinternet.com
Registered Charity No 1006025

Message from the Chair

Welcome to the spring edition of Viewpoint. As we look forward to the warmer days and longer nights we also start a new financial year at Disability Stockport.

With that new year comes new challenges not just financial ones but for the future and the development of services.

There are changes at Leyfield Primus our very popular day centre. We said goodbye to Pat Carlisle who has earned her retirement. She has worked really hard for us through all the changes and the challenges as the service was changed from Social Services to the independent service it is today. Thank you Pat and we all wish you a long, happy and healthy retirement!

We would like to say thank you to all our staff, but especially our volunteers, without whom we could not run all the services we do. You are really appreciated, performing your duties often above and beyond the call of duty. Giving us your time and expertise unstintingly, enabling us to deliver services we just could not do without you. Thank you all

The Executive Committee also work hard, though mostly behind the scenes, representing Disability Stockport at other voluntary meetings throughout the borough. Keeping disability at the forefront of services being developed within Stockport.

We welcome feedback and articles from our readers. We would also welcome people interested in advancing the cause of disabled people by joining our executive committee, our Transport and Access Group or the Stockport Disability Forum.

We look forward to hearing from you!

Please contact: Kieran McMahon, Director
Telephone/Fax/Textphone: 0161 480 7248
E-mail: disabilitystockport@btinternet.com
Or write him at: Disability Stockport,
16 Meyer Street, Cale Green, Stockport SK3 8JE

April Alton
Chair

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HAVE YOU MOVED?

We cannot stress enough how important it is to keep our mailing list up-to-date, so if you have moved, changed your job, your name or any other detail please do not forget to tell us.

Please also let us know if we get your address details wrong. We depend on you to help us to maintain an accurate database.

STOCKPORT DISABILITY FORUM

One of Disability Stockport's objectives is to provide an umbrella for disability. With the ending a couple of years ago of the Joint Strategy Group for Disability the gap has now been filled with the introduction of the Disability Forum.

It is intended mainly for statutory agencies, voluntary organisations and others with an interest in disability to come together and help co-ordinate ideas, information and strategies. Individuals who represent key areas of disability are also encouraged to add a service user perspective.

We have now got away to a good start and held our third meeting in March with plans to meet every three months. Two working groups have also met to progress ideas developed through the forum. The first of these is a car parking campaign which is due to be launched in April.

The group have agreed on a notice to be placed under drivers' windscreen wipers that inform them of the need to display a blue badge if using a marked accessible bay. The intention is to politely but firmly raise the problem of misuse of bays and their importance to people who rely on them.

In April SMBC take responsibility for parking on the highway and we hope that they and others such as Stepping Hill Hospital will welcome and approve our campaign.

The second group are looking at plans for the Town Centre improvements and hope to promote ideas that will help people with a disability. The idea in particular is for a way finding system to be installed for the benefit of people with a visual impairment. There are a number of examples in various cities and we are hoping to promote forward thinking in advance to decide on the best system to consider. An open meeting is planned for May to bring together as many people as possible who might be involved in planning such a system.

Other upcoming topics include liaison with the Salford Network who run a similar forum and the formation of a Day Service User Reference Group.

Anyone wishing for further information please contact the Disability Stockport office on 0161 480 7248.

Future dates for your diary:

Wednesday 15 June, Wednesday 14 September and Wednesday 14 December 2005 at The Quaker Meeting House, Cooper Street, Higher Hillgate, Stockport at 10.30 am.

FUTURE STOCKPORT

Stockport's Executive Council has given the green light to the vision to transform the town centre over the next 15 years.

The approval of 'Future Stockport' – the masterplan for the town centre means that it has been agreed that the following changes will be implemented:

- The re-development of key areas of the centre – including a new transport interchange
- Extended shopping area
- New and improved public spaces
- The development of city-style living in the town centre.

Councillor Dave Goddard, Executive Member for Regeneration, said: "The adoption of the masterplan marks an important milestone in the future regeneration of the town centre. We have support of all political parties, as well as from local people who responded very positively to the public consultation last year.

We have already identified some early wins, particularly improvements to public spaces, and we shall expect to see work starting in 2005."

Future Stockport is a large scale vision for the town centre and the next step is a detailed implementation strategy, which will break down the proposal into a series of projects and programmes.

Have you seen the plans for Stockport? What do you think of those plans? Have you had your say? Do you know if disabled people have been considered in the proposals? Why not contact us with your ideas? It's not too late for some aspects of the plan.

**Call Kieran McMahon on 0161 480 7248 (telephone/textphone/fax)
Write to him at Disability Stockport, 16 Meyer Street, Cale Green,
Stockport SK3 8JE
E-mail: disabilitystockport@btinternet.com**

WANTED EXECUTIVE COMMITTEE MEMBERS

We invite you, or someone you think would be the sort of person who would keep up the high standards of the organisation, to become a member of the executive committee.

Committee Membership is open to any individual living in Stockport who has a physical or a sensory disability, or who has an interest in disability matters.

Disability Stockport is working towards ensuring equality of opportunity for disabled people and the recognition by society that what improves life for disabled people would improve life for everyone.

For more information call Disability Stockport on 0161 480 7248

MAKE YOUR VOICE HEARD

The Joint Strategy Group for Public Participation and Involvement was set up in January 2003. This brought together a wide range of interested parties from health and social services both in the statutory and the voluntary sector, including two staff employed in 2002 to support and promote involvement activity in this field.

In 2004 the Joint Strategy Group for Public Participation and Involvement, originally set up in health and social services, became a Task group of the Stockport Partnership, its function being to promote, stimulate and support 'involvement' activity. In order to provide a common framework a basic statement of principles was devised and this became the Charter for Public Participation and Involvement, launched in October of that year. These principles have been adopted by all organisations represented on the Partnership

Alongside this work has been going on to produce materials that could be used by those undertaking involvement work. Two major pieces of work have been developed

* The 'Making Your Voice Heard' pack was designed to help those planning and management committees who wish to have people who use their services on these committees. The pack contains three documents –

- Guidance for Chairs of committees on how to approach inviting people on to committees
- An explanation of what involvement means at this level that can be given to prospective members
- A pro forma that can be used by groups to provide specific information to new members

* The 'Toolkit' which will give specific details of various methods of involving people or seeking their views. These range from suggestion boxes to formal public meetings. The information provided aims to help people decide which tool is right for their situation and also how to get the most out of it.

- The Toolkit will also include guidance on good practice in undertaking involvement activities and an audit tool to assist in assessing progress and outcomes.

To promote these developments and also to showcase work that is already taking place around the borough a quarterly newsletter is distributed and an annual conference is held in October.

Currently a variety of training courses on involvement are being run to further assist people to build sustainable involvement into their working practices.

If you wish to know more about the work mentioned above please contact us. We also like to hear from people who are undertaking work that they feel it might be useful to share with others.

We can also be contacted if people wish to discuss specific pieces of work which they are undertaking. We can offer advice or often just point you in the right direction; sometimes it just helps to get an 'outsiders' view on what is being suggested.

For further information please call:

Estelle Bruce on 0161 456 2808. E-mail: estelleb.signpost@tiscali.co.uk

Or Georgie Lawson on 0161 480 1211. E-mail lawsong@ageconcernstockport.org.uk

HOUSEHOLD RECYCLING COLLECTION

Over the last 18 months, 86,000 households have been given wheeled bins for the collection of garden waste and 105,000 households have been issued with boxes and sacks for the collection of glass, cans and paper. The introduction of these services and the continued support of residents have enabled Stockport to gain national recognition for its recycling success, achieving a recycling rate of 25% for 2003/04.

Plans are in hand to expand both services to all suitable households not yet receiving these services over the next twelve months. The containers must be made available for collection at the edge of the property on the scheduled collection day. For some residents, this requirement may be difficult, so for those residents who do not have family, friends or neighbours who can assist them and cannot manage to take part in the collection services the Council can offer an Assisted Collection.

The Council can, on request, provide the information leaflet with collection dates in large print, Braille and is investigating ways to produce the leaflet as an audiotape. In addition, different containers will be made available to meet the needs of all Stockport residents.

Flats/multi-occupancy dwellings will be surveyed to try and identify the most suitable and practical recycling collection facilities. Over the coming months residents will be consulted on the most suitable option.

In the meantime, if you have any specific needs and feel you would like to discuss this further or if you have not yet been offered the service or have been offered the service but would prefer to be provided with a re-usable bag with handles rather than the box for glass and cans (as illustrated) please contact:

The Waste Management Team on 0161 474 4864.

NATIONAL ASSOCIATION OF BIKERS WITH A DISABILITY (NABD)

The NABD was set up in April 1991 by a small group of people in Manchester who believed that disabled people should have full access to the independence and enjoyment of motorcycling.

You've Been Nabbed 14

13 – 15 May 2005 at Astle Park, Chelford, Cheshire

(on the A535 off junction 18 of the M6. 1.5 miles from Jodrell Bank Observatory)

10 Live Bands in two marquees, 2 discos, Comedy Show, Stunt Show, Bike/Trike Show by 100% Biker Magazine, Entertainment for Kids, Cheap Beer, Excellent site with good camping, Loads of Trade Stands and lots of other good stuff.

Pre-booked tickets (before 5 May) £14.00 Gate Price £18.00. Please make cheques payable to NABD and send to Unit 20, The Bridgewater Centre, Robson Avenue, Urmston, Manchester M41 7TE (please enclose A5 stamped addressed envelope).

Enquiries 0870 759 0603 or e-mail nabd@nabd.org.uk Web Site: www.nabd.org.uk

HOLIDAYS

LUXURY CARAVAN



More spacious, sleeps six people, fully equipped

You can get away from everyday pressures, be free to do your own thing and enjoy your surroundings in your own way and in your own time.

You can join in a wide variety of on-the-spot facilities and entertainment or you can explore many accessible venues in Wales.

What holiday-makers say

“Very impressed with the caravan. So spacious”

“Super caravan. Very impressed with all the facilities on the site”

“Caravan well equipped and very spacious”

“Nice caravan, very, very spacious”

“Caravan excellent”

“Enjoyed our stay very much”

“Caravan is lovely and in a very good spot”

For all your caravan enquiries contact:

**Caravan Bookings on 0161 480 7248 (Telephone/fax/textphone)
Or E-mail disabilitystockport@btinternet.com**

**BOOK
NOW!**

ORLANDO FLORIDA

Disabled Travellers, don't miss this spacious,
luxury adapted bungalow
3 bedrooms, 2 bathrooms,
(Mangar bathlift), cable TV,
2 telephones,
Country club membership FREE,
10 minutes from the airport
15 minutes from Disney World

**For availability and booking
Contact paraplegic owner
Sue Fisher on 0161 792 3029
Email rita.suefisher@ntlworld.com**

TRIPSCOPE

Need to know if you can park your car in Venice? Want to find out if there's an accessible hotel in Vladivostok? Or perhaps you're just curious to know if there's a wheelchair accessible photo booth in Virginia Waters! Whatever your travel and transport needs, here or abroad, **Tripscope** can help.

**You can contact them on their national
helpline: 08457 58 56 41 (local rate)**

CONNECT PLUS NEWS

What Connect Plus means to me

Until my stroke in 2001 I held a good job as a librarian which I really enjoyed. I had an active social life and a wide circle of friends.

When I came out of hospital I felt as though my life had ended. I could not bear the thought of sitting around. I had lived in Germany for over 30 years so most of my friends were there.

Luckily, my brother gave me a copy of the book Find Out this became my bible. I first joined a group called Moving On and went on quite a few of their outings I then progressed to Connect Plus and I can honestly say that joining them has been the best thing I have done my social life is now so busy. I take part in most things they have to offer from arts and craft workshops to Sunday pub lunches and have made many day trips with them they have given me the confidence to go on a week's holiday to Llandudno with Lynne and David's Holidays With Care which was a super holiday.

I have made many friends and I can't thank them enough for all their help and support I have also started a new hobby (card making) which fills in any spare time. I do so much I am glad of the odd occasion when I can stay in

The groups vary from activity to activity there are theatre visits, pub socials as well as arts and craft evenings. In fact, something for everyone. From the beginning you are made welcome and soon feel at home in the group I can only urge those who are disabled in any way do not be prepared to sit at home alone. **Give Tony a ring on 0161 474 0048** and come and join us I look forward to seeing some new faces

Maureen Coan

Can you spare a couple of hours a week?

You could make a difference to people's lives, by becoming a volunteer with Connect Plus. We are always looking for new volunteers to accompany our disabled members on a variety of leisure activities, and if you are over 16 years old, you could become a Volunteer Leisure Companion with Connect Plus. Some of our volunteers are disabled, so don't think that having a disability stops you from volunteering!

The benefits of volunteering include a chance to meet new people and make new friends. Experiencing new leisure activities, having fun, and improving your social life. Also free training and a chance to learn new skills, experience of working with disabled people and to gain reference.

If you or someone you know would like to volunteer, please call us on **0161 474 0048**

We are always on the look-out for accessible leisure venues such as pubs, clubs, restaurants etc. If you've had a good time in such a place we would appreciate it if you could tell us, so that we can broaden the choice of places for our members to visit .

LEYFIELD PRIMUS NEWS

Leyfield Primus the day centre with a difference!

Disability Stockport offers care and support for members with a physical or sensory disability to enable them to take part in a large number of activities on site including:

Computers

With internet access and e-mail service, letter writing, photo club including the use of standard and digital cameras.

Baking

Daily baking classes in an adapted kitchen with opportunities to learn to cook meals, cakes etc.

Well-Being

Movement to Music a gentle exercise class, and Aromatherapy.

Crafts

An assortment of crafts are on offer to suit all levels of ability. Hand-made cards, sewing, dress making, papier mache, knitting, producing hanging baskets.

Gardening

Sowing seeds, potting and planting, maintaining a small garden, baskets and tubs

Day Trips

An opportunity to join a trip out to local places of interest or perhaps go for a meal at a country pub.

Membership of Leyfield Primus is by referral from Social Services or by private arrangement.

For more information call 0161 430 2891

TRANSPORT AND ACCESS

The Greater Manchester Passenger Transport Authority operates a concessionary fares scheme for all disabled permit holders and senior citizens.

Who is entitled to concessionary travel?

You may qualify for a concessionary travel permit if you live in greater Manchester and:

- You are aged over 60 years
- You have severe walking difficulties
- You are partially sighted
- You are profoundly or severely deaf
- You have been or would be refused a driving license on medical grounds

Free Travel

Who qualifies and how do you apply?

If you live in Greater Manchester and you are disabled you may be able to get free travel on buses, local trains and the Metrolink in Greater Manchester, whatever your age.

You may be able to get free travel if you are:

- Registered blind
- Profoundly deaf and without speech
- Or with speech that is difficult to understand
- Or have learning disabilities

To apply for a free travel pass you need to contact your Social Services Department. You will need to provide 2 passport sized photographs and a stamped self addressed envelope.

You may also be able to apply for a free travel pass if you are:

- Without use of both arms
- Without speech
- An ex-service man or woman with serious walking difficulties as a result of losing a leg
- Refused a driving licence, as a result of severe and enduring mental health problems

To apply for a free travel pass if you are one of these people write or phone for an application form to:

**Passes and Permits, GMPTE, 9 Portland Street, Piccadilly Gardens,
Manchester M60 1HX Tel: 0161 242 6116 Textphone: 0161 242 6386
For further information please contact GMPTE on 0161 228 7811
or visit www.gmpte.com**

TRANSPORT AND ACCESS

Disability Stockport Transport and Access Forum

Your chance to become involved or influence the Transport Strategy

The next two meetings are:

Wednesday 11 May at 2.00 pm – 4.00 pm

Wednesday 8 June at 2.00 pm – 4.00 pm

at

Stockport Town Hall

Edward Street

Stockport SK1 3XE

Telephone/fax/textphone us on 0161 480 7248

E-mail disabilitystockport@btinternet.com

Local Transport Groups

Greater Manchester Passenger Transport Authority (GMPTA) hold local meetings regularly in each of the ten districts to discuss a whole range of issues relating to public transport.

The Stockport meetings are held in:

Stockport Town Hall, Edward Street, Stockport SK1 3XE

The date of the next meeting is Tuesday 26 July 2005

To find out more about these meetings call Leanne on 0161 234 3335

Blue Badges

We have not done an analysis of the most asked question which comes in to our **info line** telephone service, but we are sure the result of such an analysis would be “Where can I get or renew a Blue Badge?”. You can get a Blue Badge by applying to two Social Services Area Offices in Stockport.

If you live in Bramhall, Brinnington, Cheadle, Cheadle Hulme, Gatley, Hazel Grove (parts of), Heald Green, Lancashire Hill, Lower and Middle Hillgate, Portwood, Reddish, or The Four Heatons, you will need to

contact Cheadle Area Office on 0161 428 3241, Fax 0161 491 6118.

If you live in Adswood, Bridge Hall, Bredbury, Cale Green, Cheadle Heath, Compstall, Davenport, Edgeley, Great Moor, Hazel Grove (parts of), Heaviley, High Lane, Higher Hillgate, Marple, Mile End, Offerton, Romiley, Strines, Woodley, or Woodsmoor you will need to

contact Marple Area Office on 0161 427 7011 Fax 0161 426 0247.

DID YOU KNOW?

Stockport Sharks Swimming Club

Stockport Sharks Swimming Club was founded about 15 years ago, and is a club that welcomes both physically and sensory disabled people of all ages. It meets at Hazel Grove swimming Pool, Jacksons Lane, Hazel Grove, from 7.30 pm to 8.30 pm every Wednesday evening.

There are members who have Multiple Sclerosis (MS); some are amputees whilst others are blind or deaf. Some people join following surgery to help to get their limbs more mobile. There are Downs syndrome members who are normally looked after in the pool by a carer.

There are always trained life-guards on duty who are, in general, relatives of disabled swimmers and who have to undergo thorough training and testing twice yearly to ensure that the required standard is maintained.

Young children who have a disability are often brought by their parents or a relative who swim in the pool with them. Older children also usually have a relative or carer with them and adults normally attend on their own, though relatives and carers of all swimmers are always welcome. A hoist with appropriate chairs is provided at the poolside to assist the more severely handicapped to get into and out of the pool. These chairs, or users own wheelchairs, are used to transport people from and to the changing rooms.

There is no charge for these facilities which are kindly offered to the club by SMBC. The club has no regular income but there are ongoing costs to meet e.g. training and testing fees for the life-guards; upkeep of the hoist etc. so, from time to time sponsored events are arranged to keep the club 'in the black'. It may be possible to arrange swimming tuition for members but that cannot be guaranteed without more trained helpers.

If anyone feels that they would like to help in any way or anyone wanting further information, please contact one of the following:

Len Brown (President) on 01625 873628: Eric Evans (Hon. Secretary) 0161 483 2102 or Janet Booth (Committee Member) 0161 439 5464.

South Reddish Community Centre

The South Reddish Community Centre, have three large rooms for hire,
Parties (£6 per hour)
User groups (£7 per hour – possible rent grant)

If any one would like to book a room then please contact the treasurer

Andy Gaskell on 0161 477 4959

Deaf Services

Sessions at Regal House, Stockport on
Mondays 1.30 pm – 4.30 pm and
Wednesdays 9.30 am – 1.00 pm (not bank holidays). No appointment needed.

Contact: Mary Kelly
Textphone: 0161 474 1019
Typetalk 18001 0161 477 3700 (deaf user) or 18002
0161 477 3700 (hearing user)
E-mail: mary.kelly@stockport.gov.uk

HELP AND SUPPORT

Taster Sessions

Stockport Library Service has a variety of resources suitable for people who have visual impairments.

These include **Supernova** software, which either magnifies text on a computer or speaks the text out loud.

Cicero is software that allows you to scan text into a computer and have the text spoken out loud. They also have **Prisma**, which allows you to magnify text e.g. a newspaper, book, bill etc onto a computer screen.

If you are interested in learning how to use any of these resources please

Contact: Maria Nother
on 0161-483-1047 for more information.

Door 2 Door Brasserie

Majella McLoughlin provides fresh food on a weekly basis to various clients; these come with re-heating instructions and take heed of various dietary needs – from high protein to gluten intolerances. She makes everything herself where possible with good ingredients to ensure the best quality she can at a reasonable price. Meals start at £5 per head. Buffet and sandwich platters are also available.

Contact: Majella McLoughlin
Door 2 Door Brasserie
49 The Crescent
Davenport
Stockport
SK3 8SL

Telephone: 0161 456 2334
Mobile: 07958 726649
Email – majellamcloughlin@hotmail.com

EPILEPSY ACTION

Freephone Helpline 0808 800 5050

Stockport Branch meets on the **first Wednesday in the month** at the Quaker Meeting House, Cooper Street, Hillgate, Stockport at 7.30 pm. Are you a person with epilepsy or can you help support someone?

For more details ring Karen on 0161 998 2625.



Everything you need to live a confident carefree life

for 100s of mobility and healthcare products

- visit our store
- call us for a free 96 page catalogue
- or call us for a free no obligation home assessment

- Scooters
- Wheelchairs
- Stairlifts
- Walking Aids
- Continence Care
- Bathing Aids
- Rise / Recline Armchairs
- Adjustable Beds
- 100's of Daily living aids
- Hire Service Available
- NHS Vouchers Accepted

0161 480 4999 136-140 Shaw Heath Stockport SK2 6QS

SPRING INTO HEALTH

The Community Exercise programme is run by the Sports Development Section of Community Services. The programme aims to encourage people of all ages and abilities to increase their general level of physical activity.

The programme consists of:

- ◆ Gentle Exercise
- ◆ Body Conditioning
- ◆ Low Impact Aerobics
- ◆ Line Dancing
- ◆ Step Classes
- ◆ Yoga
- ◆ Tai Chi

If you would like to get involved in any of these activities please call Sports Development on 0161 474 4517 for more information. (Creche facilities are available at some of the activities).

Walk your way to health

A walk can cheer you up and will be good for your health. You can come on your own or bring a friend, and **there will always be a route suitable for wheelchair users.**

Walking is a great way of meeting people, keeping fit and getting to know the wild places of Stockport.

Best of all these walks are open to everyone. Walks can be up to three miles but there are much shorter routes depending on what people want to do.

Dates and routes will be published when available.

KEEP WARM, DRESS WELL

Some ideas from the Department of Health's Keep Warm, Keep Well booklet

There's an increased risk of becoming ill if you get cold, outdoors as well as at home. These simple steps will help to protect you.

At Home

- Wear several thin layers of clothes rather than one thick layer – the warmth from your body will get trapped between the layers.
- Choose clothes made with wool, cotton or fleecy synthetic fibres that are designed to be light and warm.
- In the coldest weather, a good way to keep warm in bed is to wear bed socks and a night cap or scarf round your head, as well as thermal underwear and a warm nightdress or pyjamas.

Outdoors

- Several thinner layers of clothing under your coat will keep you warmer than one thick layer.
- Wear something on your head, otherwise you'll get cold very quickly.
- Wear warm, dry, flat, non-slip shoes or boots, especially in frosty weather.

For more information please contact the Winter Warmth Advice Line on 0800 085 7000 8.00 am to 8.00 pm, Monday to Friday. Textphone 0800 085 7857

MISCELLANEOUS

MPs' Guide on Disability

Some MPs are being brought to book by campaigners, with the launch of a new guide about disability rights.

The MPs' Guide on Disability explains the "common courtesies" that should be offered to disabled constituents, why labels like "spastic" should be avoided, and how MPs are affected by the Disability Discrimination Act (DDA).

Helping to launch the booklet recently, MP Tom Clarke said there were "two parties in this parliament – the people who are disability aware, and the people who are not".

He added: "What worries me is the people who are not in the majority and need to be given advice to allow them to become more aware."

The guide, produced by RADAR with HSBC, is part of the charity's Dialogue Scheme, which will pair MPs up with local disabled people.

For copies telephone: 020 7250 3222 or

Email: radar@radar.org.uk

"Blind People Don't Do Valentines"

A disabled woman's quest to buy a special Valentine's card for her blind husband turned into an insulting and frustrating experience, she says, after being told that "blind people don't do valentines".

This was the response given to Katie Brookes when she went in search of a Braille card for her husband Paul at her local supermarket.

The young man said, 'your husband knows you love him, you don't need to buy him a card', which is a cop-out because then no-one would buy Valentine's cards", Mrs Brookes said that she wanted to make Valentine's Day special for her husband after a series of unfortunate events in the past few years, starting with him being bullied at work and culminating in an accident last August when he was hit by a car. "He's been through the mill recently and I wanted to make this special. I thought by now there would be people who had picked up on the idea of doing Braille cards.

A spokeswoman for the supermarket's central office said: "We apologise wholeheartedly if any offence was taken. We don't endorse the kind of views expressed by that member of staff and apologise for the distress caused." She added, however, that the company had no plans to sell Braille cards.

For information on Braille Cards:

try Braille Cards UK on www.braillecards.co.uk

NOTICE BOARD

CHEADLE GATLEY AND STOCKPORT ROUND TABLE

Disability Stockport is very grateful for the financial help from the Cheadle Gatley and Stockport Round Table



**ADOPT
ADAPT
IMPROVE**

WE NEED YOU!

If you have an hour or two to spare we would like to hear from you. We depend on volunteers to help us deliver a quality service to disabled people in Stockport.

Call us on 0161 480 7248 to find out how you can help.

FOR SALE

4-wheeled electric scooter in very good condition

£499 ono

Contact: John Tovey on 0161 476 2023

FOR SALE

Niagara **Therapy Chair**, dusky pink – includes all paperwork and receipts. In good condition with massage action, heat button, vibrating chair – allows you to stand up.

£525 ono

Contact: Ms Matley on 0161 330 0734

FOR SALE

4-wheeled scooter Sun Runner SN 74

£350

Contact: Mr Smith 0161 428 4089

FOR SALE

Bath Seat **£15**

Contact: Mrs Jackson on 0161 477 1932

FOR SALE

4-wheeled scooter Pride Victory 4

Was £2795

Will sell for £750

Contact:

0161 612 5225

Thank you to all those who contributed to this issue and to Keith Turner, Stockport Talking Newspaper, for copying Viewpoint onto tape. Viewpoint is a **FREE** publication and is available in large print on audio tape or disk. Please let us know if you would prefer either of these to be sent to you.

If you do not wish to receive further copies of Viewpoint, if you have changed address or if your address label is wrong, please contact the office on **0161 480 7248**.

Opinions expressed in this issue do not necessarily reflect the views of members, staff or committee nor have holidays or other services been vetted by Disability Stockport members. All factual information checked and correct at the time of printing.

Issue 63 of Viewpoint will be circulated June. Information to be included in the next issue should be sent to:

Barbara Bowden, Disability Stockport, 16 Meyer Street, Cale Green, STOCKPORT SK3 8JE by 15 May 2005

E-mail disabilitystockport@btinternet.com

Website www.disabilitystockport.org.uk

Telephone/textphone/Fax 0161 480 7248

FOR SALE

4-wheeled scooter with shopping basket

£400.00 ono

Contact: Mrs Temple (through Disability Stockport on 0161 480 7248)